

Essentials for Growth Part 4
Catalyst for Growth

I. Solitude

*"Settle yourself in solitude and you will come upon Him
in yourself."*

Teresa of Avila

How can solitude help?

- In solitude we discover that we are never _____.
- In solitude we discover that the one who _____ us
and _____ us most wants to be our _____.

HE IS THE _____.

- Solitude begins with a deep trust that Jesus is
_____, and has our best _____ at
heart.

Solitude is not easy!

When solitude is most beneficial, it helps to produce
the _____ of _____!

How do I use this discipline in my life?

- Make room for _____ daily times of
solitude.
- Take an _____ retreat.

***Thus said the Lord God, the Holy One of Israel: In
returning and rest you shall be saved; in
quietness and in trust shall be your strength...
Isaiah 30:15***

II. Simplicity

Simplicity is achieved by doing _____!

***This, however, you must know: I find that God
made man simple; man's complex problems are of
his own devising. Ecclesiastes 7:29 JBI***

Inner Attitudes

- **All that we have is a _____ from God.**
- **Know that it is God's _____, and
not ours, to care for what we have.**
- **Have _____ of our goods and possessions
_____ to others.**

**WHAT DISTRACTS YOU FROM SEEKING FIRST
THE KINGDOM OF GOD?**

*George Fox warns, " . . . there is the
danger and the temptation to you, of drawing your
minds into your business, and clogging them with it;
so that ye can hardly do anything to the service of
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