



Family Study
Guides
Week #5

Thirst

Supplies you will need

- Different foods for a taste test
- A thimble or something tiny that holds water
- Water

Estimated Time Needed

20-30 minutes

Statement from the Cross #5

Later, knowing that everything had now been finished, and so that Scripture would be fulfilled, Jesus said, "I am thirsty."

John 19:28

- Read aloud John 19:28
- Talk about how Jesus was fully human and fully God, and how water is a necessity for human beings to survive. Remind your family that Jesus was trying to reveal something to us from the cross.

Thirst Activity

- After talking about why Jesus was thirsty, gather everyone to the kitchen for a taste test. The goal of this taste test is to actually become thirsty.
- The older the children are, the more fun you can have with trying certain foods. Eating several saltines at a time can make you very thirsty (not safe for young children).
- After achieving thirst, give a very small amount of water to each person; like a thimble filled with water. This will probably cause a reaction from those participating. Most likely, they will want more water!

Thirst Activity Explained

- Use this activity to introduce Jesus as being the "Living Water," and how he said that if we drank from the living water we would never thirst again (John 4:14).
- Discuss how we can receive this "water," and why it would be important to tell others about this "Living Water."

A Closing Thought

- Close the evening by thanking God for His living water.

Close your time in prayer.

